

Nutrition Facts

Serving Size 4.0 ounces (115g)
 Servings Per Container 1

Amount Per Serving

Calories 440 **Calories from Fat 60**

% Daily Value*

Total Fat 7g	11%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 410mg	17%
Total Carbohydrate 91g	30%
Dietary Fiber <1g	4%
Sugars 9g	

Protein 4g

Vitamin A 0% • Vitamin C 0%
 Calcium 0% • Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g